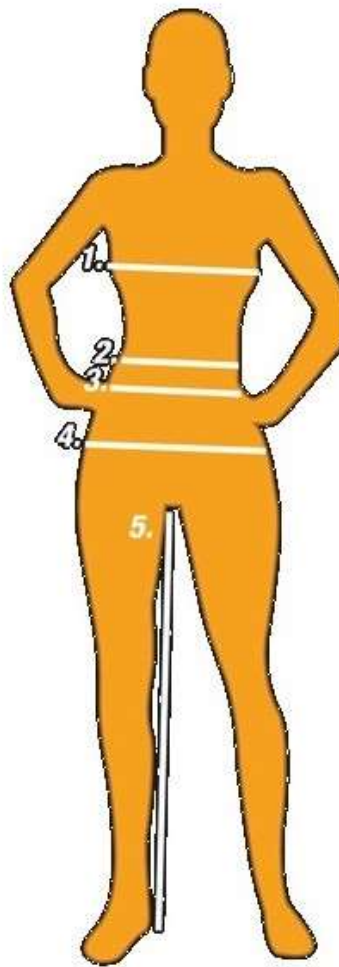


## FEMALE

- 1. BUST** Measure around the fullest part of the bust and shoulder, under the arms with your arms at resting position.
- 2. WAIST** Measure over undergarments at the natural waistline (usually approx. 1cm below the navel).
- 3. LOWER WAIST** Measure over undergarment approx. 4cm below the natural waistline.
- 4. HIP** Measure over undergarments at hips (usually the widest part and is approx. 25cm below the waistline).
- 5. IN-LEG** Measure from crotch to floor,



1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_